

Trekking In Russia And Central Asia

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Russia Trekking offers a large choice of custom expeditions to the remote regions of the Siberia wilderness. We organise expeditions across several regions of Russia including places such as the Putorana Plateau (located on the northwestern edge of the Central Siberian Plateau), the Ukok Plateau (a part of the Altai Mountains that borders Kazakhstan, China and Mongolia).

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russia and central treks in russia the russian countryside is spectacular with amazing volcanoes of kamchatka to the far east the great mountain range of the caucasus including mount elbrus in the south and the mystical altai region on the border with mongolia trekking in russia and central asia trekking in russia central asia a travelers

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Recommends maps, equipment, and clothing, and discusses safety, health, transportation, and accommodations

Comprehensive and authoritative, this text offers an accessible introduction to post-Soviet Eurasia. Students get a solid grounding in the physical, cultural, political, and economic geography of this rapidly changing region. Core thematic chapters focus primarily on Russia but also incorporate relevant information on the other 14 former Soviet republics. Regional chapters provide concise discussions of each republic

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and of Russia's main regions. Student-friendly features include engaging vignettes, review questions, exercises, recommendations for further reading, and Internet resources. The volume's over 200 original maps, photographs, and other figures are also available as PowerPoint slides at the companion website.

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Describes the geography, people, culture, and politics of the countries of the Middle East, Central Asia, and North Africa.

Authoritative yet accessible, the definitive undergraduate text on Russian geography and culture has now been thoroughly revised with the latest data and hot topics, such as the political crisis in Ukraine and the annexation of Crimea and Sevastopol. Thematic chapters provide up-to-date coverage of Russia's physical, political, cultural, and economic geography. Regional chapters focus on the country's major regions and the other 14 former Soviet republics. Written in a

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Deep within central Asia, Kyrgyzstan's beautiful mountainscapes, dreamlike rock

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formations and semi-nomadic culture are gloriously unspoiled. A trip here can be as adventurous as you please: admire 5,000-year-old petroglyphs at Saimaluu-Tash, gallop on horseback through the rugged Ala-Archa Canyon, visit Bishkek's Soviet-era statues or simply laze on the shores of the vast Lake Issyk-Kul. Now in its third edition, this remains the only English-language guide dedicated solely to Kyrgyzstan. It offers in-depth coverage of historical background, health, safety and transport, plus author recommendations on the best yurt camps and chaikhanas. Join Laurence Mitchell on a magnificent journey through the country's remote Silk Road villages, ancient conifer forests and rolling alpine meadows.

Presents detailed descriptions of the major wildlife reserves throughout the world, giving their historical background, their ecological significance, and the types of animals that can be observed in each refuge.

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